

1 **Original Article:** Diet complexity and estrogen receptor  $\beta$ -status affect the composition of the  
 2 murine intestinal microbiota

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5 **Running Title:** ER $\beta$ -status and diet affect gut microbiota composition

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27 **ABSTRACT**

28        Intestinal microbial dysbiosis contributes to the dysmetabolism of luminal factors, including  
29 steroid hormones (sterones) that affect the development of chronic gastrointestinal inflammation  
30 and the incidence of sterone-responsive cancers of the breast, prostate, and colon. Little is known,  
31 however, about the role of specific host sterone nucleoreceptors, including estrogen receptor  $\beta$   
32 (ER $\beta$ ), in microbiota maintenance. Herein, we test the hypothesis that ER $\beta$  status affects microbiota  
33 composition and determine if such compositionally-distinct microbiota respond differently to  
34 changes in diet complexity that favor Proteobacteria enrichment. To this end, conventionally-raised  
35 female ER $\beta^{+/+}$  and ER $\beta^{-/-}$  C57BL/6J mice ( $\mu_{age}$  = 27 weeks) were initially reared on 8604, a  
36 complex diet containing estrogenic isoflavones, and then fed AIN-76, an isoflavone-free  
37 semisynthetic diet, for two weeks. 16S rRNA gene surveys revealed that the fecal microbiota of  
38 8604-fed mice and AIN-76-fed mice differed, as expected. The relative diversity of Proteobacteria,  
39 especially the  $\alpha$ -Proteobacteria and  $\gamma$ -Proteobacteria, increased significantly following the  
40 transition to AIN-76. Distinct patterns for beneficial *Lactobacillales* were exclusive to and highly  
41 abundant among 8604-fed mice, whereas several Proteobacteria were exclusive to AIN-76-fed  
42 mice. Interestingly, representative orders of the phyla Proteobacteria, Bacteroidetes, and Firmicutes,  
43 including the *Lactobacillales*, also differed as a function of murine ER $\beta$ -status. Overall, these  
44 interactions suggest that sterone nucleoreceptor status and diet complexity may play important roles  
45 in microbiota maintenance. Furthermore, we envision that this model for gastrointestinal dysbiosis  
46 may be used to identify novel probiotics, prebiotics, nutritional strategies, and pharmaceuticals for  
47 the prevention and resolution of Proteobacteria-rich dysbioses.

48 **Keywords:** Estrogen receptor  $\beta$  / inflammation / steroidal hormones / dysbiosis / dysmetabolism /  
49 Proteobacteria / colorectal cancer / *Lactobacillus* spp.

50 **Subject Category/Section:** Microbial Ecology

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## 52 **INTRODUCTION**

53       The phenotypic manifestation (phenome) of the hydrolytic capacity of the gastrointestinal  
54 microbiome vastly expands the efficiency by which the host assimilates dietary nutrients and  
55 energy, especially from the otherwise indigestible dietary components, including select fibers and  
56 prebiotics (1, 2). Cooperative metabolism (co-metabolism) of low-molecular-weight compounds by  
57 the host and luminal microbiota also plays a part in these energy-salvaging activities (3). Together,  
58 these hydrolytic and co-metabolic activities have undoubtedly played a vital role in the natural  
59 selection of species, especially when supplies of safe, nutrient-dense food were scarce (4).

60       Today, co-metabolism of steroid hormones (*i.e.*, sterones), including endogenous sterones  
61 (*e.g.*, estradiol) and low-molecular-weight dietary compounds with hormone-like activities (*e.g.*,  
62 phytoestrogenic isoflavones), continues to play an important role in maintaining healthy colonic  
63 tissues (5). In soy-based products, for example, the isoflavone genistein is typically consumed as  
64 genistin, an isoflavone glucoside (3). Genistein (aglycone) exhibits strong estrogenic activities that  
65 may reduce the incidence of chronic low-grade gastrointestinal inflammation (6). Many of the  
66 biological activities associated with phytoestrogen consumption may arise from direct absorption of  
67 isoflavones by mammalian cells, however, the intestinal microbiota clearly acts to co-regulate these  
68 bioactivities (7). Indeed,  $\beta$ -glucosidase enzymes produced by intestinal bacteria liberate genistein,  
69 which may be co-metabolized into biochemically- and functionally-distinct metabolites by a variety  
70 of intestinal microorganisms (8). These sterone metabolites mediate their bioactive actions through  
71 their association with host cell-encoded transcriptional regulators, principally estrogen receptor- $\alpha$   
72 (ER $\alpha$ ) and estrogen receptor- $\beta$  (ER $\beta$ ) (6).

73 ER $\beta$  is the most abundant estrogen receptor in the colon, where it regulates the permeability  
74 of colonic epithelia (9). Interestingly, ER $\beta$ -null mice exhibit a number of pre-pathogenic  
75 phenotypes, including abnormal colonic architecture and disrupted cell-to-cell tight-junctions (9).  
76 These structural abnormalities facilitate invasion of host tissues by luminal bacteria, which leads to  
77 localized infection and increased levels of colonic inflammation (10). Unfortunately, little is known  
78 about the role of host ER $\beta$  status on the structure of the gastrointestinal microbiota and their  
79 downstream effects on host physiology. Nevertheless, other studies illustrate that variation of even  
80 a single host gene can significantly alter host-driven selective pressures that help to shape the  
81 structure and function of the commensal gastrointestinal microbiota (11, 12).

82 While eubiotic microbiota may transition between distinct ecosystem optima, they can also  
83 degenerate into dysbiosis in response to dietary and physiological changes. Such abnormal structure  
84 and injurious function of the autochthonous gastrointestinal microbiota also contributes to the  
85 development of chronic low-grade gastrointestinal inflammation and its related co-morbidities,  
86 including obesity, dysmetabolic syndrome, diabetes mellitus (type II), atherosclerosis,  
87 inflammatory bowel diseases, and certain cancers (13, 14). Once a dysbiotic microbiota has been  
88 established, regardless of its etiology, emerging evidence shows a striking correlation between  
89 Proteobacteria-rich dysbiotic microbiota and chronic inflammatory bowel diseases, including  
90 Crohn's disease and ulcerative colitis (15). These findings are relevant because many Proteobacteria  
91 are known to elicit strong, pro-inflammatory immune responses due to the presence  
92 lipopolysaccharide (LPS) in the outer leaflet of their outer membrane (16).

93 In this study, we developed a murine model to demonstrate that a dysbiotic intestinal  
94 microbiota characterized by a relatively high abundance of Proteobacteria occurred in response to  
95 large-scale changes in diet complexity, specifically in response to a transition from a biochemically-

complex diet to one that is highly derivatized and biochemically-simple. In addition, we show that ER $\beta$ , may play an important role in the selection of intestinal microbiota, which may contribute to the dysmetabolism of luminal compounds, including sterones.

## MATERIALS AND METHODS

**Animal study design.** The compositions of the diets used in this study are listed in **Table 1**, while their analyzed constituents are in **Supplemental Table 1**. All animal procedures were performed under a protocol approved by the Texas A&M University Institutional Animal Care and Use Committee. Mice (*Mus musculus* Linnaeus) were housed individually at the Texas A&M University Laboratory Animal Resources and Research Facility, where they were provided food and water *ad libitum*. Wild-type C57BL/6J mice and their estrogen receptor beta (ER $\beta$ ) null (*Esr2*<sup>-/-</sup>) derivatives (17) (Jackson Laboratory, Bar Harbor, MA) were crossed to produce a Mendelian distribution of wild-type C57BL/6 (*Esr2*<sup>+/-</sup>), ER $\beta$ <sup>+/+</sup> (*Esr2*<sup>+/+</sup>), and ER $\beta$ <sup>-/-</sup> (*Esr2*<sup>-/-</sup>) progeny, which were verified by tail-snip and PCR as described previously (5). Mice were maintained on a complex diet, Tekland Rodent Diet 8604 (Harlan Laboratories, Madison, WI), prior to the initiation of the study (*i.e.*, from birth until the start of the study, the mean age ( $\mu_{age}$ ) was 27 wks). Freshly-voided feces were collected from 8604-fed female ER $\beta$ <sup>+/+</sup> mice ( $n = 21$ ) and their ER $\beta$ <sup>-/-</sup> littermates ( $n = 21$ ) at the start of the study (day 0) and then again after the mice had consumed a simple semisynthetic diet, American Institute of Nutrition Rodent Diet 76 (AIN-76) (Lab Supply, Highland Village, TX), for a two-week period (day 14). Fecal pellets collected over the course of the study were weighed and frozen (-80°C) for downstream DNA extraction and analysis.

118       **Extraction of total DNA from fecal samples.** Unless indicated otherwise, reagents were  
119 of analytical grade or higher and obtained from Sigma-Aldrich Chemical Company (St. Louis,  
120 MO). In brief, fecal samples from day 0 and day 14 were thawed on ice and homogenized in  
121 tris(hydroxymethyl)aminomethane buffer (pH 8) for 2 min at  $4 \text{ m s}^{-1}$  using a FastPrep-24  
122 Instrument (MP Biomedicals, Solon, OH). Total DNA was extracted from the resultant murine  
123 fecal samples homogenates (500  $\mu\text{L}$ ) using the Fast DNA Spin Kit for Soil (MP Biomedicals).  
124 Purified DNA was re-suspended in sterile deionized water, analyzed by spectrophotometry  
125 (NanoDrop 1000; Thermo Scientific, Wilmington, DE) and frozen ( $-80^\circ\text{C}$ ) for downstream  
126 terminal restriction fragment length polymorphism analysis.

127       **Terminal restriction fragment length polymorphism (TRFLP) analysis.** The HotStar  
128 HiFidelity Polymerase Kit (Qiagen, Valencia, CA) was used to amplify the 16S rRNA genes from  
129 fecal DNA. DNA (100 ng) served as template for each 100  $\mu\text{L}$  PCR reaction. Master mixes  
130 consisted of 10  $\mu\text{L}$  of  $5 \times$  reaction buffer, 28.5  $\mu\text{L}$  of molecular biology-grade deionized water, 0.25  
131  $\mu\text{L}$  of 5'-hexachlorofluorescein (HEX)-labeled forward primer 8F-HEX  
132 (5'-AGAGTTTGATCMTGGCTCAG-3', where M = A or C) at 100  $\mu\text{M}$ , 0.25  $\mu\text{L}$  of reverse  
133 primer 1492R (5'-GGTTACCTTGTTACGACTT-3') (18) at 100  $\mu\text{M}$ , and 1  $\mu\text{L}$  (2.5 U) of  
134 polymerase. After an initial DNA denaturation step (5 min at  $95^\circ\text{C}$ ), samples underwent 25 cycles  
135 of denaturation (1 min at  $95^\circ\text{C}$ ), primer annealing (1 min at  $50^\circ\text{C}$ ) and primer extension (2 min at  
136  $72^\circ\text{C}$ ) followed by a final extension (10 min at  $74^\circ\text{C}$ ). In order to minimize the impact of PCR  
137 variability on downstream TRFLP analysis, DNA from each fecal sample was amplified by PCR in  
138 quadruplicate and all four PCR reactions from each fecal sample were pooled together prior to  
139 cleanup using the QIAquick PCR Purification Kit (Qiagen).

140 In order to survey the species dominance and species richness of the 16S rRNA genes  
141 amplified from each DNA sample (19), TRFLP analysis was performed at the University of North  
142 Carolina Microbiome Core Facility (Chapel Hill, NC). In brief, purified PCR amplicons were  
143 treated (separately) with three restriction endonucleases: RsaI, HhaI, and MspI (New England  
144 Biolabs, Ipswich, MA). Restriction digests were composed of 10 µL of 10×-reaction buffer (Buffer  
145 4, New England Biolabs), 1 µL of 100×-bovine serum albumin (HhaI only), 1 µL of each enzyme,  
146 30 µL of purified amplicon, and molecular biology grade water that was added to a final volume of  
147 100 µL. Restriction digests were incubated overnight at 37°C. Following incubation, digested  
148 DNA was purified using the QIAquick Nucleotide Removal Kit (Qiagen) according to the  
149 manufacturer's instructions with minor modifications. Following cleanup, 4.5 µL of Hi-Di  
150 Formamide (Applied Biosystems, Carlsbad, CA) and 0.5 µL of MM-1000 ROX size standard  
151 (BioVentures, Murfreesboro, TN) were added to 5 µL of each digestion reaction. Following a brief  
152 denaturing step (94°C for 3 min), samples for fragment detection were loaded into an ABI 3130xl  
153 capillary sequencer (Applied Biosystems).

154 **Quantitative Real-Time PCR (qPCR)-based measurement of phylotype-specific 16S**  
155 **rRNA gene abundance.** In order to estimate the total number of bacteria and lactobacilli present in  
156 the feces of AIN-76-fed mice, BR-SYBR Green-based qPCR was performed according to  
157 specifications provided by the manufacturer (Quanta Biosciences, Gaithersburg, MD). Purified  
158 genomic DNA from *Escherichia coli* MC1061 (20), *Bacteroides thetaiotaomicron* E50 (American  
159 Type Culture Collection), and *Lactobacillus acidophilus* NCFM (21) were decimally-diluted and  
160 used as templates to generate standard curves that allowed for the quantification of fecal bacteria  
161 and  $\gamma$ -Proteobacteria, Bacteroidetes, and lactobacilli, respectively. Each reaction (25 µl) included  
162 oligonucleotide primers (Invitrogen Corporation, Carlsbad, CA) designed to target group-specific

163 16S rRNA gene sequences. For the enumeration of bacteria (50 pg per reaction), primer Bact515R  
164 (5'-TTACCGCGGCKGCTGGCAC-3', where K = G or T) was paired with primers 8FM  
165 (5'-AGAGTTTGATCMTGGCTCAG-3', where M = A or C) and 8FB  
166 (5'-AGGGTTCGATTCTGGCTCAG-3'), as described elsewhere (22). For the enumeration of  
167 Bacteroidetes, (10 ng per reaction), primer Bac32F (5'-AACGCTAGCTACAGGCTT-3') was  
168 paired with primer Bac303R (5'-CCAATGTGGGGGACCTTC-3'), as described elsewhere (23).  
169 For the enumeration of *γ-Proteobacteria* (10 ng per reaction), primer  $\gamma$ 395f (24)  
170 (5'-CMATRCCGCGTGTRTGAA-3', where M = A or C and R = A or G) was paired with primer  
171  $\gamma$ 871r (5'-ACTCCCCAGGCGGTCDACTTA-3', where D = A, G or T), as described elsewhere  
172 (25). For the enumeration of lactobacilli (5 ng per reaction), primer Lac1  
173 (5'-AGCAGTAGGGAATCTTCCA-3') was paired with primer Lac2 without the GC clamp  
174 (5'-ATTYCACCGCTACACATG-3', where Y = C or T) (21). All qPCR reactions were incubated  
175 in an iCycler (Bio-Rad Laboratories, Hercules, CA) equipped with an iQ5 Multicolor Real Time  
176 PCR Detection System (Bio-Rad Laboratories) using thermal cycling conditions described  
177 elsewhere (22). Results are expressed as mean ( $M$ )  $\pm$  standard deviation.

178 **Bioinformatics.** Peaks for TRFLP were identified using GeneMapper 4.0 (Applied  
179 Biosystems) using the default detection parameters and a minimum peak height of 50 relative  
180 fluorescence units (RFU). Following peak detection, peaks that fell outside of the size standard (50-  
181 1,000 bp) were removed and only terminal restriction fragments (TRFs) with a relative peak area  
182 ratio  $\geq 1\%$  were considered for further analysis (26). The cleaned fragment files were then uploaded  
183 to the web-based TRFLP Phylogenetic Assignment Tool (<https://secure.limnology.wisc.edu/trflp/>)  
184 (27) and each TRF profile was tentatively identified using a custom pattern database created from  
185 both an *in silico* digest of the web-based Ribosomal Database Program (RDP) database



186 (<http://rdp.cme.msu.edu/>) (28) and unique clone sequences from the University of North Carolina  
187 Microbiome Core Facility sequence bank. The RDP Classifier (29) was used to assign the putative  
188 hierarchical taxonomy for each TRF pattern using 16S rRNA gene sequences derived from the  
189 National Center for Biotechnology Information (NCBI) Nucleotide database.

190 **Biostatistics.** Prior to statistical analysis, TRFLP Phylogenetic Assignment Tool data were  
191 compressed to binary (presence–absence) data using custom database macros written for Access  
192 and Excel (Microsoft, Redmond, WA). The relative abundance for each taxon (phylum, class and  
193 order) was subsequently calculated as described elsewhere (30). Unless otherwise indicated, all  
194 statistical analyses were performed using Paleontological Statistics Software Package (PAST)  
195 version 2.12 (31) or R ([www.r-project.org](http://www.r-project.org)) (R Development Core Team, 2008). The Shannon ( $H'$ )  
196 (32) and Simpson ( $D$ ) (33) parametric diversity indices were calculated using PAST v2.12, whereas  
197 the non-parametric diversity score ( $S_{Chao1}$ ) was calculated using a web-based application  
198 (<http://www.aslo.org/cgi-bin/largeenough.cgi>) (34, 35). A diversity  $t$  test was performed to test for  
199 statistically significant differences in pattern richness between the groups (36).

200 Cluster analysis with presence-absence binary data using Ward's group linkage method was  
201 used to construct a hierarchical tree (37). A non-parametric multidimensional scaling (NMS)  
202 analysis based on Bray-Curtis distance (38) was performed to estimate similarities between the  
203 bacterial communities as a function of the categorical variables examined in this study: host ER $\beta$ -  
204 status (ER $\beta^{+/+}$  versus ER $\beta^{-/-}$ ) and diet (8604 versus AIN-76). Analysis of similarities (ANOSIM)  
205 was used to test for global differences in bacterial community composition (38). Unlike NMS,  
206 ANOSIM tests are not compromised by the approximations necessary to view a two-dimensional  
207 ordination pattern since they utilize full high dimensional space of the (rank) dissimilarity matrices  
208 (39). The permutation-based, non-parametric statistic  $R$  was used to test the null hypothesis ( $H_0$ )

209 that within-group and between-group distances are the same on average (39).  $H_0$  was rejected when  
210 distances between samples were more dissimilar between different groups than between samples  
211 from the same group ( $R = -1 < r \leq 1$ ). If statistically-significant ( $p < 0.05$ ) differences were  
212 detected by ANOSIM, the conservation of discrete operational taxonomic units between groups was  
213 detected using similarity percentage analysis (SIMPER) using the Bray-Curtis similarity measure  
214 (38, 40).

215 Discrete differences in the bacterial taxa were analyzed via regression models that  
216 accounted for host genotype, diet, and their interaction. The repeated measurements for each mouse  
217 were accommodated by allowing the regression model residuals to be correlated (41). Likelihood  
218 ratio statistics were used to carry out hypothesis tests for the genotype and diet effects on  
219 gastrointestinal microbiota (42). Effects were called statistically significant if they were assigned a  
220  $q$ -value less than 0.05; as a result, we expected no more than 5% of the effects called significant to  
221 be false discoveries (43).

222

## 223 RESULTS

224 **Specific dietary components and diet complexity contribute to the enrichment of**  
225 **microorganisms that are important for gastrointestinal function.** 8604 and AIN-76 were both  
226 produced from undefined ingredients (**Table 1**). As a result, the exact molecular composition of  
227 these diets is unknown. Nevertheless, the biochemically-complex 8604 diet is comprised of eight  
228 complex food ingredients (*e.g.*, soybean meal), two semidefined food ingredients (*e.g.* soybean oil)  
229 and 24 defined chemical supplements (*e.g.*, riboflavin). The AIN-76 diet, on the other hand, is a  
230 biochemically-simple semisynthetic diet, as it is comprised of only highly-refined ingredients: four

semidefined ingredients (*e.g.*, casein, corn oil) and five defined chemical supplements (*e.g.*, AIN-76 vitamin mix). Based on analytical information provided by their manufacturers (**Supplemental Table 1**), the soy-derived isoflavones (daidzein and genistein) were exclusive to the complex 8604 diet, as was ash (74 g kg<sup>-1</sup> of diet), low levels of cholesterol (0.05 g kg<sup>-1</sup>), unsaturated fatty acids (7 g kg<sup>-1</sup> palmitic acid; 1 g kg<sup>-1</sup> stearic acid), and the monounsaturated fatty acid oleic acid (9 g kg<sup>-1</sup>). In contrast, chromium was exclusive to the semisynthetic AIN-76 diet. The AIN-76 diet had a relatively higher concentration of vitamin B<sub>12</sub> (8604 = 0.00005 g kg<sup>-1</sup>; AIN-76 = 0.01 g kg<sup>-1</sup>) but lower fiber content (8604 = 164 g kg<sup>-1</sup>; AIN-76 = 50 g kg<sup>-1</sup>).

**Large-scale structural changes in the autochthonous gastrointestinal microbiota triggered in response to dietary changes.** TRFLP was used to examine the fecal microbiota of conventionally-raised ERβ<sup>+/+</sup> mice and their ERβ<sup>-/-</sup> littermates following the habitual consumption of the complex 8604 diet (day 0) and again after consuming the AIN-76 semisynthetic diet for a two-week period (day 14). Of the three enzymes tested during TRFLP, HhaI provided the best discrimination between samples in the different groups (data not shown). As a result, the HhaI-derived terminal restriction fragment (TRF) dataset was analyzed further. NMS was used to analyze the similarity of HhaI-digested TRFs associated with each sample (**Fig. 1**). Within the two diet-specific superclusters (**Fig. 1**), the fecal communities of individual mice within the AIN-76-fed ERβ<sup>-/-</sup> groups formed tight subclusters. In contrast, the fecal communities from the 8604-fed ERβ<sup>+/+</sup>, 8604-fed ERβ<sup>-/-</sup> and AIN-76-fed ERβ<sup>+/+</sup> mice formed relatively diffuse subclusters and, thus, exhibited a greater degree of compositional variability in their TRFLP patterns. Stress in the ordination was likely high due to variability in the data and the approximations required to view the data in two-dimensional space (NMS, stress = 0.21).

253 **Estrogen receptor  $\beta$ -status may contribute to diet-directed modulation of the**  
254 **autochthonous gastrointestinal microbiota.** Given the group-specific differences in variability  
255 that were revealed by NMS, ANOSIM was used to test the hypothesis that host ER $\beta$  status  
256 (genotype) contributed to group-specific variation in microbial community structure. The fecal  
257 microbiota of ER $\beta^{+/+}$  and ER $\beta^{-/-}$  mice that consumed the 8604 complex diet were significantly  
258 different at the start of the study (ANOSIM,  $R = 0.237$ ,  $p < 0.0001$ ). Consumption of the AIN-76  
259 semisynthetic diet for a two-week period correlated with significant changes in the microbiota of  
260 ER $\beta^{+/+}$  mice ( $p < 0.0001$ ) and their ER $\beta^{-/-}$  littermates ( $p < 0.0001$ ). Interestingly, however, the  
261 microbiota from ER $\beta^{+/+}$  and ER $\beta^{-/-}$  mice did not differ statistically at the end of the study ( $p =$   
262  $0.2078$ ).

263 **ER $\beta$ -status and diet complexity differentially affect the species richness of abundant**  
264 **gastrointestinal microorganisms.** The species diversity within each group was estimated using  
265 two parametric tests ( $H'$  and  $D$ ) and one non-parametric test  $S_{Chao1}$  (**Table 2**). Since many of the  
266 samples contained rare-abundance TRFs (singletons and doubletons), the non-parametric test  $S_{Chao1}$   
267 afforded the highest level of discrimination between the categorical variables that were examined in  
268 this study (host genotype and diet). Interestingly, a significant difference was found in the species  
269 richness due to differences in diet and genotype (diversity  $t$  test,  $p < 0.01$ ). Indeed, ER $\beta^{+/+}$  mice  
270 ( $S_{Chao1} = 1,234.27$ ) that consumed the 8604 diet (day 0), exhibited lower species diversity than their  
271 8604-fed ER $\beta^{-/-}$  littermates ( $S_{Chao1} = 1,717.25$ ). In contrast, following the consumption of the AIN-  
272 76 diet, the species richness increased dramatically for ER $\beta^{+/+}$  mice ( $S_{Chao1} = 1,909.55$ ) but  
273 decreased for ER $\beta^{-/-}$  mice ( $S_{Chao1} = 1,649.52$ ).

274 **The initial composition of the microbiota determines, in part, its response to dietary**  
275 **change.** To explore the relationship of individual bacterial communities between the samples, a

276 hierarchical tree based on Ward's group linkage method was constructed from a binary (presence-  
277 absence) index of the species-level TRF data (**Fig. 2**). Similar to the results from NMS, microbiota  
278 sorted largely based on diet into two superclusters: I and II. Regardless of host genotype, the fecal  
279 microbiota from mice fed the complex 8604 diet were found almost exclusively in supercluster I  
280 (95% of its  $ER\beta^{+/+}$  mice; 100% of its  $ER\beta^{-/-}$  mice). The proportion of microbiota identified in  
281 8604-fed  $ER\beta^{+/+}$  mice (62%) was significantly higher in subcluster IB than in any other subcluster  
282 ( $\chi^2, p = 0.0003$ ). Similarly, the proportion of microbiota isolated from 8604-fed  $ER\beta^{-/-}$  mice was  
283 higher in subcluster IA than in any other subcluster (48%). Interestingly, the composition of  
284 subcluster IC was indeterminate, as it was comprised almost equally of the microbiota from  $ER\beta^{+/+}$   
285 and  $ER\beta^{-/-}$  mice on both diets.

286 In contrast, the microbiota from mice fed the AIN-76 diet were found in both superclusters;  
287 however, most sorted into supercluster II (71% of its  $ER\beta^{+/+}$  mice; 61% of its  $ER\beta^{-/-}$  mice). The  
288 microbiota from 8604-fed mice in subcluster IB transitioned into subclusters IID and IIC more  
289 frequently than into any other subcluster (46% of its  $ER\beta^{+/+}$  mice and 33% of its  $ER\beta^{-/-}$  mice).  
290 Similarly, microbiota from 8604-fed mice in subcluster IA transitioned into subclusters IIB and IIA  
291 more frequently than they transferred into any other subcluster (60% of its  $ER\beta^{+/+}$  mice and 100%  
292 of its  $ER\beta^{-/-}$  mice).

293 **The relative abundance of prominent phylotypes within the murine autochthonous**  
294 **gastrointestinal microbiota differed in their response to diet,  $ER\beta$ -status, and their**  
295 **interaction.** Representatives from 19 phyla consisting of 35 classes and 66 orders were tentatively  
296 identified by TRFLP. The relative abundance of these taxa was determined as a function of diet and  
297 genotype at the level of phylum (**Fig. 3**) and class (**Fig. 4**). Irrespective of the diet consumed or host  
298 genotype, Bacteroidetes, Firmicutes and Proteobacteria were the most abundant phylotypes in the

gastrointestinal tracts of  $ER\beta^{+/+}$  and  $ER\beta^{-/-}$  mice, although lower levels ( $< 5\%$ ) of Acidobacteria and Chloroflexi were also detected. In mice fed the complex 8604 diet (day 0), the Firmicutes were the most abundant phylotype detected at the start of the study regardless of host genotype ( $ER\beta^{+/+} = 38.0\%$ ;  $ER\beta^{-/-} = 40.9\%$ ) (**Fig. 3**). The Bacteroidetes were relatively higher in  $ER\beta^{+/+}$  mice (28.7%) when compared to their  $ER\beta^{-/-}$  littermates (20.4%), whereas the Proteobacteria were relatively lower in  $ER\beta^{+/+}$  mice (13.8%) than in  $ER\beta^{-/-}$  mice (21.0%). Most of the Firmicutes were *Clostridia* in 8604-fed mice, regardless of host genotype ( $ER\beta^{+/+} = 85.2\%$ ;  $ER\beta^{-/-} = 90.4\%$ ); however *Bacilli* were relatively higher in  $ER\beta^{+/+}$  mice (14.4%) than in  $ER\beta^{-/-}$  mice (9.2%) (**Fig. 4**). Within the Proteobacteria, the  $\epsilon$ -Proteobacteria were relatively higher in  $ER\beta^{+/+}$  mice (7.4%) than in  $ER\beta^{-/-}$  mice (3.9%), while the  $\delta$ -Proteobacteria were relatively lower in  $ER\beta^{+/+}$  mice (23.5%) than in  $ER\beta^{-/-}$  mice (30.0%).

At the end of the study (day 14), there was no significant difference in the relative abundance of the dominant phyla within the murine fecal microbiota, regardless of host  $ER\beta$ -status (Firmicutes:  $ER\beta^{+/+} = 31.1\%$ ,  $ER\beta^{-/-} = 29.4\%$ ; Proteobacteria:  $ER\beta^{+/+} = 34.2\%$ ,  $ER\beta^{-/-} = 30.9\%$ ; Bacteroidetes:  $ER\beta^{+/+} = 14.3\%$ ,  $ER\beta^{-/-} = 14.8\%$ ). In addition to becoming more dominant in AIN-76-fed mice, the relative proportions of phylotypes within the Proteobacteria also changed. Within the Proteobacteria,  $\gamma$ -Proteobacteria were enriched in the feces of AIN-76-fed mice ( $ER\beta^{+/+} = 51.1\%$ ;  $ER\beta^{-/-} = 49.8\%$ ), while  $\beta$ -Proteobacteria were lower at the end of the study ( $ER\beta^{+/+} = 17.0\%$ ;  $ER\beta^{-/-} = 11.9\%$ ), although their relative decrease differed by  $ER\beta$  status ( $ER\beta^{+/+} = -19\%$ ;  $ER\beta^{-/-} = -14\%$ ). Interestingly, while negligible levels ( $< 1\%$ ) of  $\alpha$ -Proteobacteria were initially detected at the start of the study, they were significantly enriched following the consumption of the AIN-76 diet, regardless of genotype ( $ER\beta^{+/+} = 10.2\%$ ;  $ER\beta^{-/-} = 10.1\%$ ).

Regression analysis was used to determine the statistical significance of order-level relative differences as a function of genotype. Within the Firmicutes, the relative abundance of the orders *Clostridiales* ( $q < 0.0001$ ) and *Lactobacillales* ( $q = 0.002$ ) differed significantly as a function of ER $\beta$  status. Indeed, the *Lachnospiraceae* and *Lactobacillales* were both relatively higher in 8604-fed ER $\beta^{+/+}$  mice than in their ER $\beta^{-/-}$  null littermates and decreased following the consumption of the AIN-76 diet. These analyses also indicated that the *Anaerolineales* (Chloroflexi,  $q = 0.002$ ), *Burkholderiales* ( $\beta$ -Proteobacteria,  $q = 0.043$ ), *Deinococcales* (Deinococcus-Thermus,  $q = 0.036$ ), *Desulfovibrionales* ( $\delta$ -Proteobacteria,  $q < 0.0001$ ), *Sphingobacteriales* (Bacteroidetes,  $q = 0.027$ ) and unclassified bacteria ( $q < 0.0001$ ) also differed as a function of genotype.

**Select taxonomic biomarkers may be diagnostic of ER $\beta$ -status and diet-induced dysbiosis.** Approximately 1,000 taxa were tentatively identified in this study. SIMPER was used to identify taxonomic biomarkers that were diagnostic as a function of host ER $\beta$ -status and diet. The similarity (intersection) and dissimilarity (exclusivity) percentages between the groups were determined (**Fig. 5**). As shown in **Fig. 5**, only 11% of the taxa were common in C57BL/6 mice regardless of host ER $\beta$  status (genotype) or diet consumed (*i.e.*, were common to 8604-fed ER $\beta^{+/+}$  and ER $\beta^{-/-}$  mice as well as AIN-76-fed ER $\beta^{+/+}$  and ER $\beta^{-/-}$  mice). Of the 697 taxa that were found in the feces of ER $\beta^{+/+}$  mice, the vast majority (81%) were tentatively identified in both diet groups, while only 4% of the taxa were exclusive to the 8604 diet (day 0) and 9% of the taxa were unique to the AIN-76 diet (day 14). A similar number of taxa (783) were found in the feces of ER $\beta^{-/-}$  mice. Of these taxa, 31% were exclusive to the 8604 diet (day 0), while 29% were unique to the AIN-76 diet (day 14); far fewer (19%) of these taxa were identified in both diet groups.

The highly-discriminant taxa within the ER $\beta^{+/+}$  and ER $\beta^{-/-}$  mice were determined as a function of diet. Taxa were classified as highly-discriminant if they were exclusively present in 6 or



more of the 21 mice. Twenty four highly-discriminate TRF patterns were exclusive to mice fed the complex 8604 diet (**Table 3**). Five of these TRFs were exclusive to  $ER\beta^{+/+}$  mice, whereas the remaining 19 TRFs were exclusive to  $ER\beta^{-/-}$  mice. Interestingly, all five of the TRF patterns exclusive to  $ER\beta^{+/+}$  mice were tentatively assigned to a single family, *Lachnospiraceae* (Firmicutes), whereas the 19 TRFs from  $ER\beta^{-/-}$  mice were more heterogeneous, and were tentatively assigned to five different phyla (Firmicutes, Chloroflexi, Bacteroidetes, Proteobacteria, and Aquificae). In contrast, 25 highly-discriminate TRF patterns were exclusive to AIN-76-fed mice (**Table 4**). Twelve of these TRFs were exclusive to  $ER\beta^{+/+}$  mice, whereas the remaining 13 TRFs were exclusive to  $ER\beta^{-/-}$  mice. The 12 TRFs exclusive to  $ER\beta^{+/+}$  mice tentatively belonged to five phyla (Proteobacteria, Firmicutes, Chloroflexi, Bacteroidetes, and Acidobacteria), whereas the 13 TRFs exclusive to  $ER\beta^{-/-}$  mice belonged to six phyla (Proteobacteria, Acidobacteria, Bacteroidetes, Chloroflexi, Chlorobi, and Verrucomicrobia).

**Validation of quantitative differences in select microbial populations.** At the end of the study (day 14), fecal samples from AIN-76-fed  $ER\beta^{+/+}$  and  $ER\beta^{-/-}$  mice were examined for quantitative differences in select bacterial groups. Decimally-diluted purified genomic DNAs from *Escherichia coli* MC1061, *Bacteroides thetaiotaomicron* E50, and *Lactobacillus acidophilus* NCFM were used as templates to generate standard curves to quantify bacteria and  $\gamma$ -*Proteobacteria*, Bacteroidetes, and the *Lactobacillus*-group, respectively. The coefficient for determination ( $r^2$ ) for the resultant standard curves indicated strong linearity ( $r^2 > 0.977$ ). The number of fecal bacteria from  $ER\beta^{+/+}$  mice ( $M = 8.67 \pm 0.58 \log_{10}$  16S rRNA gene copies  $g^{-1}$ ) and  $ER\beta^{-/-}$  mice ( $M = 8.61 \pm 0.77 \log_{10}$  16S rRNA gene copies  $g^{-1}$ ) were similar (Mann Whitney,  $p = 0.8$ ). In contrast, however, the number of Bacteroidetes from  $ER\beta^{+/+}$  mice ( $M = 9.25 \pm 1.61 \log_{10}$  16S rRNA gene copies  $g^{-1}$ ) and  $ER\beta^{-/-}$  mice ( $M = 8.16 \pm 0.33 \log_{10}$  16S rRNA gene copies  $g^{-1}$ )



367 were significantly different (Mann Whitney,  $p = 0.004$ ). Similarly, the number of *γ-Proteobacteria*  
368 from ERβ<sup>+/+</sup> mice ( $M = 5.92 \pm 0.68 \log_{10}$  16S rRNA gene copies g<sup>-1</sup>) and ERβ<sup>-/-</sup> mice ( $M = 6.75 \pm$   
369  $1.10 \log_{10}$  16S rRNA gene copies g<sup>-1</sup>) were different (Mann Whitney,  $p = 0.001$ ).

370 Fecal lactobacilli from ERβ<sup>+/+</sup> mice ( $M = 5.66 \pm 1.29 \log_{10}$  16S rRNA gene copies g<sup>-1</sup>) and  
371 ERβ<sup>-/-</sup> mice ( $M = 5.73 \pm 0.79 \log_{10}$  16S rRNA gene copies g<sup>-1</sup>) were not significantly different  
372 (Mann Whitney,  $p = 0.4$ ). Melt curve analysis of the *L. acidophilus* NCFM-derived 16S rRNA gene  
373 amplicon showed a single a melting temperature ( $T_m$ ) maximum (85°C); however, two distinct  $T_m$   
374 maxima (85°C and 86.5°C) were detected among the experimental fecal samples (data not shown).  
375 While most fecal samples generated PCR products with both maxima; however, there was no  
376 obvious relationship between the distinct  $T_m$  maxima and ERβ-status or diet complexity.

377

## 378 DISCUSSION

379 In this pilot preclinical study, we used a diet-based murine model to test the hypothesis that  
380 ERβ status affects the composition of the autochthonous gastrointestinal microbiota of female mice  
381 and that microbiota enriched from differential ERβ expression will respond differently to changes  
382 in diet complexity. The following major conclusions were derived as a result of this study: First, the  
383 consumption of a biochemically-complex diet rich in isoflavones and fiber, resulted in a non-  
384 dysbiotic and likely mutualistic (*i.e.*, eubiotic) microbiota. Relatively low levels of Proteobacteria  
385 and a relatively high abundance of Bacteroidetes defined these eubiotic microbiota. Second,  
386 microbiota characterized by relatively abundant Proteobacteria and low levels of Bacteroidetes,  
387 occurred in response to the consumption of a compositionally-simple, sucrose-based diet that was  
388 low in fiber and devoid of isoflavones. Third, we showed that ERβ-status affects the diet-directed

389 community structure of the gastrointestinal microbiota. Lastly, we identified taxonomic biomarkers  
390 that were differentially-enriched as a function of ER $\beta$ -status and diet complexity. The following  
391 experimental evidences support these conclusions.

392 At the start of the study, regardless of host genotype, Firmicutes was the dominant  
393 phylotype isolated from the feces of 8604-fed eubiotic mice (ER $\beta^{+/+}$  = 38.0% and ER $\beta^{-/-}$  = 40.9%).  
394 Low levels of Bacteroidetes and Proteobacteria were also found, however, the relative abundance  
395 Bacteroidetes (ER $\beta^{+/+}$  = 28.7%; ER $\beta^{-/-}$  = 20.4%) and Proteobacteria (ER $\beta^{+/+}$  = 13.8%; ER $\beta^{-/-}$  =  
396 21.0%) differed as a function of ER $\beta$ -status. The relative abundance of fecal Bacteroidetes,  
397 Firmicutes, and Proteobacteria from 8604-fed mice agreed with findings from similar studies  
398 performed previously, as expected. Indeed, Proteobacteria usually comprise a very small proportion  
399 of the eubiotic microbiota in healthy mice (1-15%), whereas the Firmicutes (30-70%), and  
400 Bacteroidetes (10-40%) are typically more abundant by comparison (11, 44). These findings are  
401 important for two reasons. First, it suggests that the methodology used in this study (TRFLP) was  
402 robust, since it produced values that approximated those that were previously determined by  
403 pyrosequencing (11, 44, 45). Second, it suggests that the microbiota of 8604-fed mice were likely  
404 eubiotic, as their microbiota composition was similar to other healthy mice that consumed complex  
405 rodent chows (45, 46). It is important to note, however, that the proportion of Proteobacteria in  
406 8604-fed ER $\beta^{-/-}$  mice (21.0%) was slightly higher than both their ER $\beta^{+/+}$  littermates (13.8%) and  
407 the upper limit (15%) that is typically reported in eubiotic microbiota derived from other healthy  
408 mice (44).

409 In 8604-fed female ER $\beta^{+/+}$  mice, all of the highly discriminant bacterial patterns were  
410 tentatively assigned to a single family within the Firmicutes, *Lachnospiraceae* (*Clostridia*).  
411 Interestingly, previous studies have shown that many *Lachnospiraceae* are capable of producing

412 butyrate from the hydrolysis of dietary fiber (47). As a result, the *Lachnospiraceae* are largely  
413 believed to be health-promoting species that are important to help maintain healthy colonic tissues  
414 (48). In contrast, the highly discriminant bacterial patterns from 8604-fed  $ER\beta^{-/-}$  mice were more  
415 diverse than those for their  $ER\beta^{+/+}$  littermates. Distinct *Lachnospiraceae* patterns were seen in both  
416 host backgrounds, however. In addition, distinct *Lactobacillaceae* and *Leucostocaceae* from the  
417 order *Lactobacillales* were highly abundant in 8604-fed  $ER\beta^{-/-}$  mice. This finding might be  
418 important since many *Lactobacillales*, especially members of the well-studied genus *Lactobacillus*,  
419 have been shown to exhibit a wide-range of health-promoting functionalities *in vivo* (4, 12, 49).

420 TRFLP analysis revealed that the fecal communities from mice that had habitually  
421 consumed a complex diet that was rich in isoflavones and fiber (8604) for approximately 27 weeks  
422 were readily distinguishable from those that had consumed a biochemically-simple diet (AIN-76)  
423 that was rich in simple sugars for a two-week period. While the relative abundance of the three  
424 major phyla (*i.e.*, Firmicutes, Bacteroidetes and Proteobacteria) differed between 8604-fed  $ER\beta^{+/+}$   
425 and  $ER\beta^{-/-}$  mice, differences in the phyla of AIN-76-fed mice were not significant as a function of  
426  $ER\beta$  status. The number of fecal bacteria in  $ER\beta^{+/+}$  and  $ER\beta^{-/-}$  mice were also similar, as expected.  
427 Together, these results suggest that the transition from the 8604 complex diet to the AIN-76  
428 semisynthetic diet by  $ER\beta^{+/+}$  and  $ER\beta^{-/-}$  mice correlated with a convergence of their initially-  
429 distinct and likely eubiotic microbiota. This convergence serves as another reminder that diet is a  
430 powerful tool that can be used to manage the composition of the intestinal microbiota—including  
431 constituent members that arise in response to differences in host genotype and, likely, host gene  
432 expression.

433 When compared to the eubiotic microbiota profiles seen in 8604-fed mice, AIN-76-fed mice  
434 were clearly distinct. The Firmicutes decreased marginally in AIN-76-fed mice regardless of their

ER $\beta$ -status, while the relative abundance of Bacteroidetes also decreased by approximately half. More interestingly, the Proteobacteria became more dominant members of the microbiota, although this relative increase in Proteobacteria was significantly greater for ER $\beta^{+/+}$  mice than their ER $\beta^{-/-}$  littermates. A closer examination of the expanded Proteobacteria revealed that their community structure also reorganized following the consumption of the AIN-76 diet.  $\gamma$ -Proteobacteria and  $\alpha$ -Proteobacteria increased in AIN-76-fed mice, regardless of the genotype. The  $\beta$ -Proteobacteria decreased in AIN-76-fed mice, however this decrease was more pronounced in ER $\beta^{-/-}$  mice than in ER $\beta^{+/+}$ . Based on these observations, we conclude that the consumption of fiber-poor, biochemically-simple diets might promote intestinal dysbiosis by the gradual and preferential enrichment of Proteobacteria at the expense of the Bacteroidetes.

Since *Lactobacillales* bacterial patterns were initially abundant in ER $\beta^{-/-}$  mice but not ER $\beta^{+/+}$  mice, we used qPCR and group-specific primers (*i.e.*, Lac1 and Lac2) to quantitatively assess the response of the *Lactobacillus*-group to the AIN-76 diet. At the end of the study, the *Lactobacillus*-group taxa were not significantly different between ER $\beta^{+/+}$  and ER $\beta^{-/-}$  mice, however. Interestingly, melt curve data analysis revealed that the amplicons were heterogeneous and defined by two distinct  $T_m$  maxima, although neither of these maxima were ER $\beta$ -status or diet dependent. Since the qPCR primer Lac2 has a two-fold degeneracy at its fourth nucleotide position, the commercial primer suspensions is a mix of two primers in equal molar abundance: Lac2\_4C (5'-ATTCCACCGCTACACATG-3') and Lac2\_4T (5'-ATTTCACCGCTACACATG-3')). TRFLP illustrated that the fecal samples contained a heterogeneous mixture of bacteria that included distinct sub-populations within the *Lactobacillus*-group. As a result, amplicons with different G+C content and distinct  $T_m$  maxima may have resulted from the differential enrichment by Lac2\_4C or Lac2\_4T from the distinct sub-populations within phylogenetic supergroup that the

458 Lac2 primer was originally designed to target, which includes species of *Lactobacillus*,  
459 *Pediococcus*, *Leuconostoc*, and *Weissella* (21). Alternatively, given the small difference in the  
460 observed  $T_m$  maxima (85°C versus 86.5°C), these primers might have promiscuously bound to and  
461 amplified 16S rRNA gene sequences from other, more GC-rich, species. Additional research would  
462 be required to explore this possibility, however.

463 ER $\beta^{+/+}$  mice showed a lower diversity while on the complex, isoflavone-containing 8604  
464 diet than on the AIN-76 diet. This finding is consistent with the negative relationship that has been  
465 shown to exist between species diversity and the presence of estrogenic compounds in waste water  
466 (50). However, the TRFLP analysis used in this study provides a superficial examination of the  
467 microbiota. As a result, the diversity shown here may only represent the most highly abundant  
468 species present in the murine fecal samples we examined. As a result, additional experimentation  
469 based on pyrosequencing is required in order to provide a better understanding of the overall  
470 diversity and to obtain a higher level of confidence in the role of specific bacterial taxonomic  
471 markers.

472 Both of the commercial diets used in this study were formulated by their manufactures to  
473 provide similar levels of energy from carbohydrates, proteins, and lipids and meet the minimum  
474 macronutrient and micronutrient requirement for rodents; however, the effects of diet on the  
475 structure and function of the murine intestinal microbiota was likely not considered during diet  
476 formulation. Nevertheless, the composition of the two diets and, perhaps more importantly, their  
477 complexity differed substantially (**Table 1, Supplemental Table 1**). We speculate that the  
478 compositional simplicity of the semisynthetic diet, and not just its composition or the overall level  
479 of ingredient refinement *per se*, might have contributed to the enrichment of Proteobacteria (**Fig. 3**).  
480 If this supposition is supported, then biochemically simple diets may not be ideal for the long-term

481 care of rodents, as they might result in intestinal dysbiosis that might affect the health, husbandry  
482 and genetic integrity of the line. Furthermore, if these findings were translatable to humans, then  
483 overconsumption of biochemically simple foods might also act to gradually enrich for  
484 Proteobacteria, establish intestinal dysbiosis, alter the luminal environment and, ultimately, favor  
485 the development of dysbiosis-related pathologies.

486 Most of the probiotic and prebiotic research that has been performed to date have been  
487 conducted using complex diets and domesticated rodent strains. Since domesticated rodents and  
488 their microbiota are now well adapted to these diets, these results might help to explain, in part,  
489 some of the variability and sometimes poor efficacy that has been observed in many probiotic and  
490 prebiotic studies (51, 52). Differences in diet variety and complexity might also explain why fecal  
491 Proteobacteria are typically more abundant in chow-fed domesticated mice (15%) than in humans  
492 (3.7%), since humans consume a variety of whole and processed foods (44). Furthermore, since  
493 long-term consumption of AIN-76A, a formulary derivative of AIN-76, has been shown to  
494 accelerate the development of heart failure in spontaneously hypersensitive heart failure (SHHF) rats  
495 (53), it is intriguing to consider the possibility that the functional properties of the microbiota might  
496 have contributed to these negative study events.

497 In conclusion, we show that ER $\beta$  status affects the composition of the intestinal microbiota  
498 in female mice and that these microbiota respond differently to changes in diet complexity. These  
499 findings may prove to be important since the expression of ER $\beta$  and serum concentrations of  
500 steroidal hormones, especially estradiol, is known to change throughout the life cycle. Furthermore,  
501 we are currently using this diet-induced model for gastrointestinal dysbiosis to both study the role  
502 of host genotype in dysbiosis development and to identify novel probiotics, prebiotics, nutritional  
503 strategies, and pharmaceuticals for dysbiosis prevention and resolution.

504 **ACKNOWLEDGEMENTS**

505       This study was funded by the NIH/NCI Biostatistics Training Program Grant CA090301-11  
506 (JMS and CDA), NIH P30 DK34987 (Microbiome Core Support), American Institute for Cancer  
507 Research grant 07B080 (CDA), and Texas A&M AgriLife Research (JMS). The sponsors had no  
508 role in the study design, data collection or analysis, the production of the submitted manuscript, or  
509 the decision to submit the manuscript for publication.

510       The authors would like to thank Autumn Billimek, Kimberly Allred, and the University of  
511 North Carolina Microbiome Core for technical assistance. In addition, the authors would like to  
512 thank the editor and anonymous reviewers for their valuable comments.

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673 **TABLE LEGENDS**

674 **Table 1.** Formulation of the animal diets used in this study.

675 **Table 2.** Microbial pattern diversity indexes.

676 **Table 3.** Highly-discriminant bacterial patterns exclusive to 8604-fed mice.

677 **Table 4.** Highly-discriminant bacterial patterns exclusive to AIN-76-fed mice.

678

679 **FIGURE LEGENDS**

680 **Fig. 1. Non-metric multidimensional scaling analysis of bacterial community TRFLP profiles.**

681  $ER\beta^{+/+}$  mice ( $n = 21$ ) and their  $ER\beta^{-/-}$  littermates ( $n = 21$ ) were initially maintained on a complex  
682 8604 diet (day 0). Mice were then transitioned to the AIN-76 semidefined diet for a two-week  
683 period (day 14). Ninety-five percent of the total variance of the variance in TRFLP data is  
684 represented in the two-dimensional space (stress = 0.21). ● 8604-fed  $ER\beta^{+/+}$  mice, ● 8604-fed  
685  $ER\beta^{-/-}$  mice, ● AIN-76-fed  $ER\beta^{+/+}$  mice, and ○ AIN-76-fed  $ER\beta^{-/-}$  mice are represented. Dotted  
686 circles indicate manual clustering of communities according to diet.

687

688 **Fig. 2. Cluster dendrogram illustrating the degree of relatedness between microbiota isolated from**  
689 individual subjects. Individual subjects (x-axis) were assigned a numerical designation (#) as a  
690 function of genotype (for both genotypes,  $n = 21$ ). The similarity (%) (y-axis) of the microbiota  
691 between individual subjects is based on an index of TRF presence-absence binary data. Individual  
692 ● 8604-fed  $ER\beta^{+/+}$  mice, ● 8604-fed  $ER\beta^{-/-}$  mice, ● AIN-76-fed  $ER\beta^{+/+}$  mice, and  
693 ● AIN-76-fed  $ER\beta^{-/-}$  mice are represented.

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695 **Fig. 3. Relative abundance (%) of phylum-level taxa.** The proportion of each taxonomic group is  
 696 described by the measure of its central angle, which is relative to the total abundance of all phylotypes  
 697 (100%). ■ Acidobacteria; ■ Bacteroidetes; ■ Firmicutes; ■ Proteobacteria; ■ Unclassified  
 698 bacteria; ■ Other phyla, including taxa from the Actinobacteria, Aquificae, Chlamydiae, Chlorobi,  
 699 Cyanobacteria, Deferribacteres, Deinococcus-Thermus, Euryarchaeota, Fusobacteria, Gemmatimonadetes,  
 700 OD1, Planctomycetes, Tenericutes, and Verrucomicrobia

701 **Fig. 4. Relative abundance (%) of class-level taxa within the phyla Bacteroidetes, Proteobacteria, and**  
 702 **Firmicutes.** The proportion of each taxonomic group is described by the measure of its central angle. Taxa  
 703 within the phylum Bacteroidetes: ■ Bacteroidia; ■ Flavobacteria; ■ Sphingobacteria. Taxa within  
 704 the phylum Proteobacteria: ■ *α-Proteobacteria*; ■ *β-Proteobacteria*; ■ *δ-Proteobacteria*; ■ *ε-*  
 705 *Proteobacteria*; ■ *γ-Proteobacteria*. Taxa within the phylum Firmicutes: ■ *Bacilli*; ■ *Clostridia*.

706 **Fig. 5. Venn diagram** showing similarity and dissimilarity between the taxa identified in this  
 707 study. Numbers in black indicate unique species percentage in each group.

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## 709 SUPPLEMENTAL INFORMATION

710 **Supplemental Table 1.** Composition of the experimental diets used in this study.



711 **Table 1.** Formulation of the animal diets used in this study.

Fraction	8604			AIN-76		
	Ingredient	kcal g <sup>-1</sup>	Energy (%)	Ingredient	kcal g <sup>-1</sup>	Energy (%)
<b>Carbohydrate</b>	–	<b>1.608</b>	<b>54</b>	–	<b>2.656</b>	<b>69.2</b>
	Flaked corn	–	–	Sucrose	–	–
	Ground corn	–	–	Dextrin	–	–
	Wheat middlings	–	–	Cellulose	–	–
	Cane molasses	–	–			
	Ground wheat	–	–			
<b>Protein</b>	–	<b>0.972</b>	<b>32</b>	–	<b>0.728</b>	<b>19</b>
	Dehulled soybean meal	–	–	Casein	–	–
	Fish meal	–	–	DL-Methionine	–	–
	Dried whey	–	–			
<b>Lipid</b>	–	<b>0.423</b>	<b>14</b>	–	<b>0.45</b>	<b>11.7</b>
	Soybean oil	–	–	Corn Oil	–	–
<b>Micronutrients</b>	–	–	–	–	–	–
	Brewers dried yeast	–	–	AIN-76 Mineral Mix	–	–
	Dicalcium phosphate	–	–	AIN-76 Vitamin Mix	–	–
	Calcium carbonate	–	–	Choline bitartate	–	–
	Iodized salt	–	–			
	Choline chloride	–	–			
	Kaolin	–	–			
	Magnesium oxide	–	–			
	Ferrous sulfate	–	–			
	Vitamin E acetate	–	–			

Table 1, continued.

Fraction	8604			AIN-76		
	Ingredient	kcal g <sup>-1</sup>	Energy (%)	Ingredient	kcal g <sup>-1</sup>	Energy (%)
Micronutrients	—	—	—	—	—	—
712	Menadione sodium bisulfite	—	—			
713	Manganous oxide	—	—			
714	Copper sulfate	—	—			
715	Zinc oxide	—	—			
716	Niacin	—	—			
717	Thiamin mononitrate	—	—			
718	Vitamin A acetate	—	—			
719	Vitamin D <sub>3</sub>	—	—			
720	Calcium pantothenate	—	—			
721	Pyridoxine hydrochloride	—	—			
722	Riboflavin	—	—			
723	Vitamin B <sub>12</sub>	—	—			
724	Calcium iodate	—	—			
725	Folic acid	—	—			
726	Biotin	—	—			
727	Cobalt carbonate	—	—			
728						
729	<b>Total Energy</b>	<b>3.003</b>	<b>100%</b>		<b>3.84</b>	<b>99.9%</b>
730						
731						
732						

733 **Table 2.** Microbial pattern diversity indexes.

Genotype	Parametric				Non-parametric	
	<i>D</i>		<i>H'</i>		<i>S<sub>Chao1</sub></i>	
	8604	AIN-76	8604	AIN-76	8604	AIN-76
<b>ERβ<sup>+/+</sup></b>	0.96	0.97	3.50	3.90	1,234.27	1,909.55
<b>ERβ<sup>-/-</sup></b>	0.97	0.92	3.90	3.40	1,717.20	1,649.50

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740 **Table 3.** Highly-discriminant bacterial patterns exclusive to 8604-fed mice.

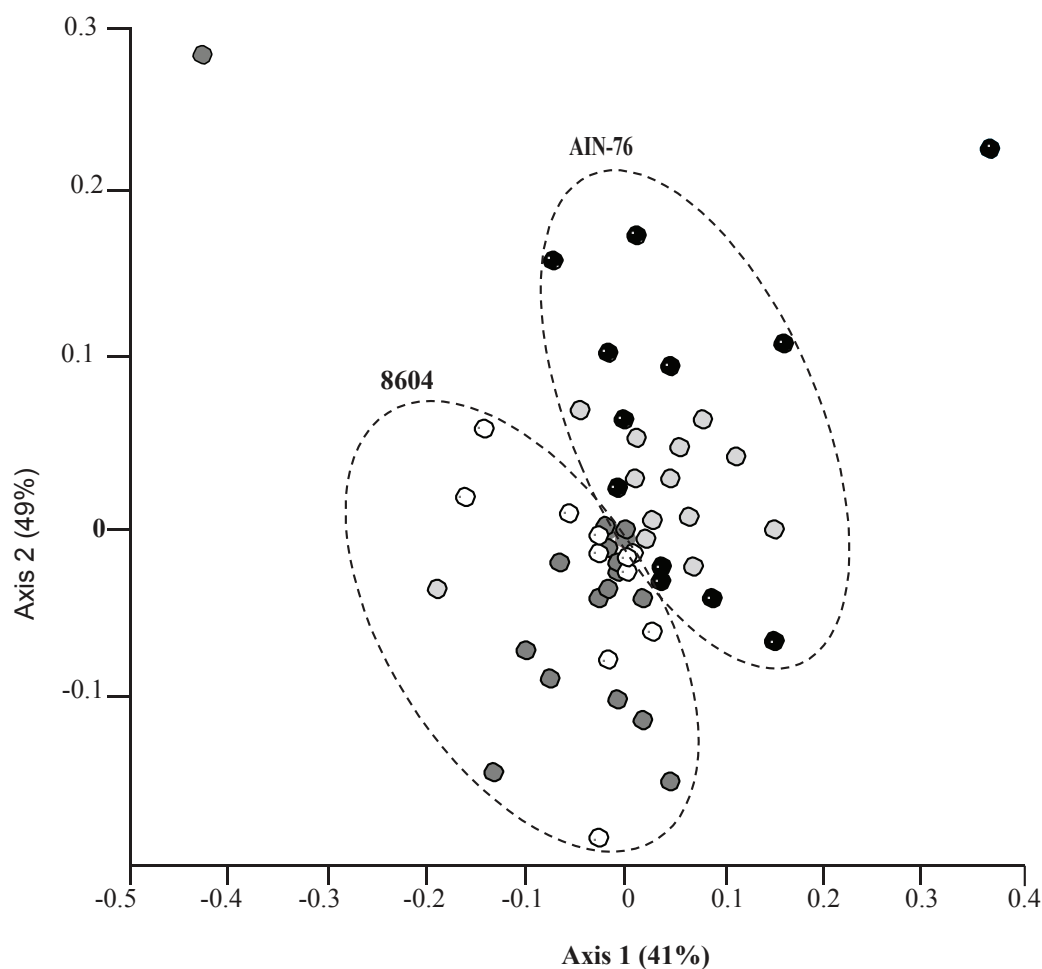
Genotype	Bacterial Pattern	N <sup>1</sup>	Classification (Phylum; class; order; family)
<b>ERβ<sup>+/+</sup></b>	Uncultured bacterium A19	12	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
	Uncultured rumen bacterium BRC159	8	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
	Uncultured rumen bacterium 3C3d-17	7	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
	Uncultured bacterium A11	6	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
	Uncultured bacterium TuCc26	6	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
<b>ERβ<sup>-/-</sup></b>	<i>Lactobacillus fermentum</i> KLB 261	12	Firmicutes; <i>Bacilli</i> ; <i>Lactobacillales</i> ; <i>Lactobacillaceae</i>
	Uncultured Bacilli bacterium ATB-LH-6349	12	Firmicutes; <i>Bacilli</i> ; <i>Lactobacillales</i> ; <i>Leuconostocaceae</i>
	Uncultured bacterium TTMF57	12	Unclassified bacteria
	Uncultured bacterium SJTUF0143	11	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i>
	Uncultured bacterium C135cm.2.05a	10	Chloroflexi; <i>Anaerolineae</i> ; <i>Anaerolineales</i> ; <i>Anaerolineaceae</i>
	Uncultured bacterium L-121(3)	10	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
	Uncultured rumen bacterium BRC11	10	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i>
	<i>Ruminofilibacter xylanolyticum</i> S1	9	Bacteroidetes; <i>Bacteroidia</i> ; <i>Bacteroidales</i> ; <i>Marinilabiaceae</i>
	Uncultured rumen bacterium F24-F06	9	Bacteroidetes; <i>Bacteroidia</i> ; <i>Bacteroidales</i>
	Uncultured rumen bacterium 3C3d-17	8	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
	<i>Cellulophaga tyrosinoydans</i> EM41	7	Bacteroidetes; <i>Flavobacteria</i> ; <i>Flavobacteriales</i> ; <i>Flavobacteriaceae</i>
	<i>Desulfovibrio vulgaris</i> I5	6	Proteobacteria; <i>δ-Proteobacteria</i> ; <i>Desulfovibrionales</i> ; <i>Desulfovibrionaceae</i>
	Uncultured bacterium BacB038	6	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Clostridiaceae</i> ; <i>Clostridiaceae</i>
	Uncultured bacterium IIB-27	6	Bacteroidetes; <i>Bacteroidia</i> ; <i>Bacteroidales</i>
	Uncultured bacterium L-154	6	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>
	Uncultured bacterium SJTUD0150	6	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i>
	Uncultured bacterium Y04	6	Aquificae; <i>Aquificae</i> ; <i>Aquificales</i> ; <i>Aquificaceae</i>
	Uncultured Bacteroidetes bacterium VHS-B5-15	6	Bacteroidetes
	Uncultured <i>Shuttleworthia</i> sp. 301E01 (oral)	6	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Lachnospiraceae</i>

741 <sup>1</sup> N, number of samples in which the species pattern was found among the n = 21 samples tested.

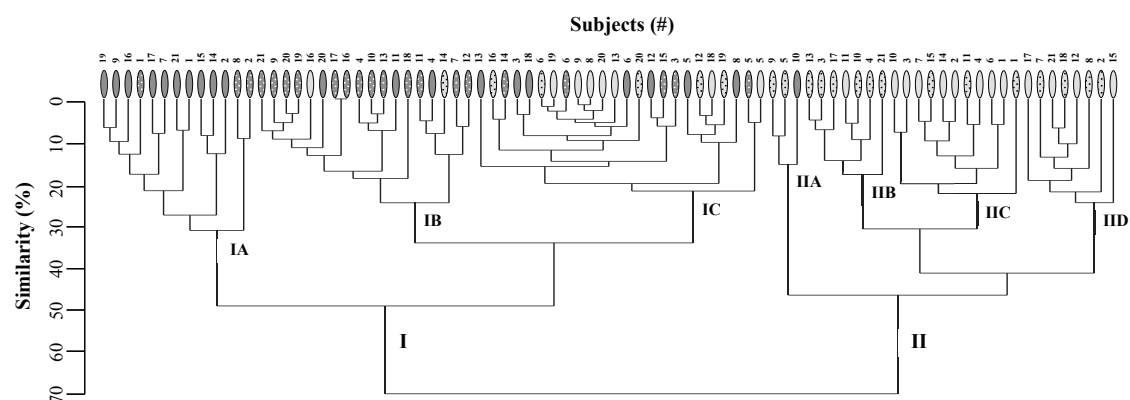
742 **Table 4.** Highly-discriminant bacterial patterns exclusive to AIN-76-fed mice.





Genotype	Bacterial Pattern	N <sup>†</sup>	Classification (Phylum; class; order; family)
ERβ <sup>+/+</sup>	Uncultured bacterium A6	10	Proteobacteria; <i>α</i> -Proteobacteria; Sphingomonadales; Erythrobacteraceae
	Uncultured bacterium NiASF28	9	Acidobacteria; <i>Acidobacteria_Gp2</i>
	Uncultured bacterium FGL12B72	8	Unclassified
	Uncultured bacterium S26-35	8	Proteobacteria; <i>α</i> -Proteobacteria; Rhodospirillales; Rhodospirillaceae
	Uncultured bacterium SJTUE0255	8	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; Ruminococcaceae
	Uncultured organism MAT-CR-P4-C09	8	Chloroflexi; <i>Anaerolineae</i> ; <i>Anaerolineales</i> ; <i>Anaerolineaceae</i>
	Uncultured bacterium D13S-44	7	Proteobacteria; □-Proteobacteria
	Uncultured Cytophaga sp. BD1-15	7	Bacteroidetes; <i>Sphingobacteria</i> ; <i>Sphingobacteriales</i> ; Rhodothermaceae
	<i>Alcanivorax</i> sp. Nag1 nag1	6	Proteobacteria; □-Proteobacteria; Oceanospirillales; Alcanivoracaceae
	<i>Granulosicoccus</i> sp. ZS4-22	6	Proteobacteria; □-Proteobacteria; Chromatiales; Granulosicoccaceae
	<i>Pseudomonas cichorii</i> AMP03	6	Proteobacteria; □-Proteobacteria; Pseudomonadales; Pseudomonadaceae
	Uncultured bacterium JH-WHS137	6	Acidobacteria; <i>Acidobacteria_Gp2</i>
ERβ <sup>-/-</sup>	Uncultured bacterium A6	14	Proteobacteria; <i>α</i> -Proteobacteria; Sphingomonadales; Erythrobacteraceae
	Uncultured bacterium S26-35	12	Proteobacteria; <i>α</i> -Proteobacteria; Rhodospirillales; Rhodospirillaceae
	Uncultured bacterium FGL12B72	11	Unclassified
	Uncultured <i>Acidobacterium</i> sp. 16L4	10	Acidobacteria; <i>Acidobacteria_Gp4</i>
	Uncultured bacterium Kas162B	9	Bacteroidetes
	Uncultured <i>Caldilinea</i> sp. B01-03F	9	Chloroflexi; <i>Caldilineae</i> ; <i>Caldilineales</i> ; <i>Caldilineaceae</i>
	Uncultured Delta Proteobacterium Bac48Flocs	9	Proteobacteria
	<i>Chlorobium limicola</i> UdG 6045	6	Chlorobi; <i>Chlorobia</i> ; <i>Chlorobiales</i> ; <i>Chlorobiaceae</i>
	<i>Clostridium cellulovorans</i> DSM 3052	6	Firmicutes; <i>Clostridia</i> ; <i>Clostridiales</i> ; <i>Incertae Sedis XI</i>
	<i>Halomonas</i> sp. P40	6	Proteobacteria; □-Proteobacteria; Oceanospirillales; Halomonadaceae
	Uncultured bacterium B8S-114	6	Proteobacteria; <i>α</i> -Proteobacteria; Rhodospirillales; Rhodospirillaceae
	Uncultured bacterium CCM6b	6	Chloroflexi
	Uncultured bacterium E12	6	Verrucomicrobia

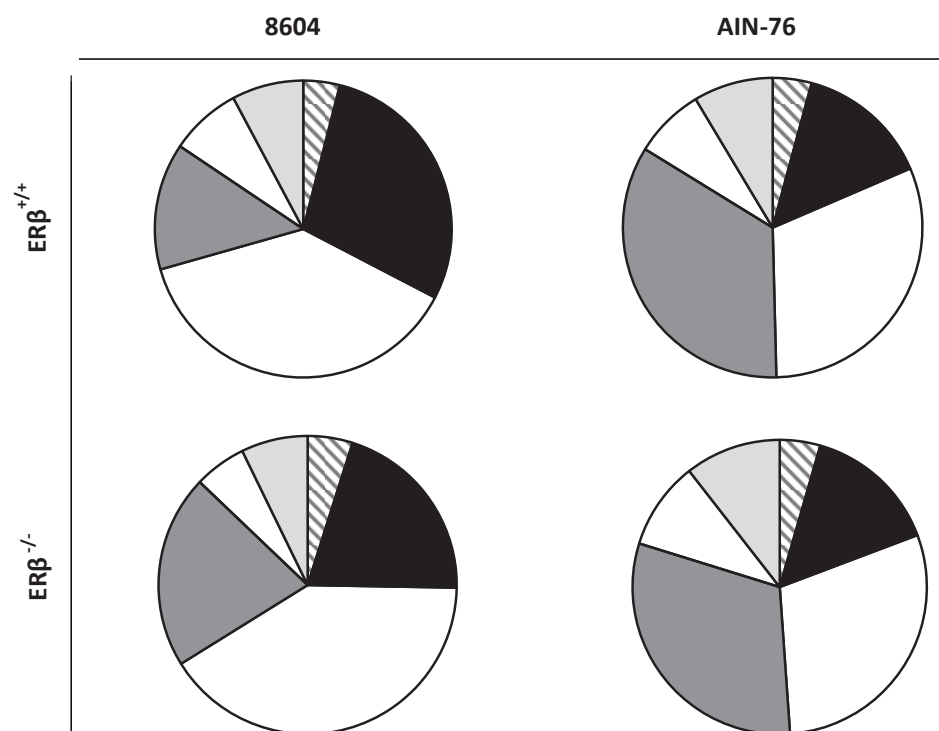
743 <sup>†</sup> N, number of samples in which the species pattern was found among the 21 samples examined.



**Fig. 1. Non-metric multidimensional scaling analysis of bacterial community TRFLP profiles.**  $ER\beta^{+/+}$  mice ( $n = 21$ ) and their  $ER\beta^{-/-}$  littermates ( $n = 21$ ) were initially maintained on a complex 8604 diet (day 0). Mice were then transitioned to the AIN-76 semidefined diet for a two-week period (day 14). Ninety-five percent of the total variance of the variance in TRFLP data is represented in the two-dimensional space (stress = 0.21). Dotted ellipses indicate clustering of communities according to the diet type.  $\circ$ , 8604-fed  $ER\beta^{+/+}$  mice;  $\bullet$ , AIN-76-fed  $ER\beta^{+/+}$  mice;  $\bullet$ , 8604-fed  $ER\beta^{-/-}$  mice;  $\odot$ , AIN-76-fed  $ER\beta^{-/-}$  mice. Dotted circles indicate manual clustering of communities according to diet.

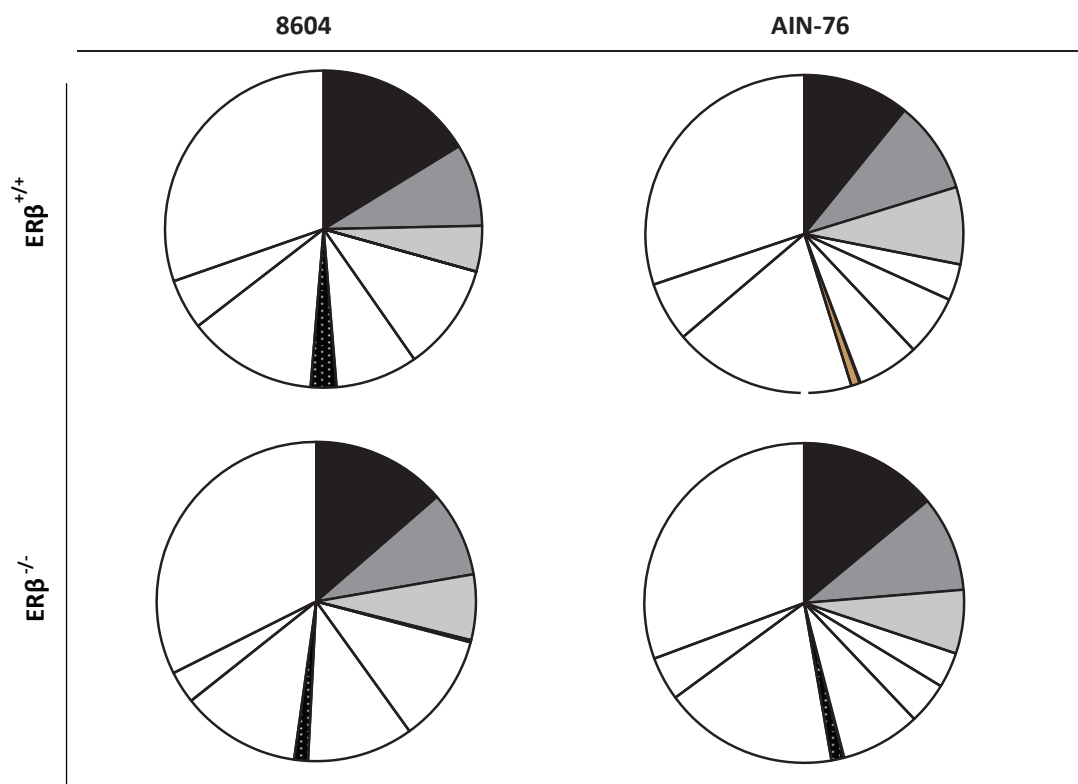


**Fig. 2.** Cluster dendrogram illustrating the degree of relatedness between microbiota isolated from individual subjects. Individual subjects (x-axis) were assigned a numerical designation (#) as a function of genotype (for both genotypes,  $n = 21$ ). The similarity (%) (y-axis) of the microbiota between individual subjects is based on an index of TRF presence-absence binary data. Individual  AIN-76-fed ERβ<sup>-/-</sup> mice;  AIN-76-fed ERβ<sup>+/+</sup> mice;  8604-fed ERβ<sup>-/-</sup> mice and  8604-fed ERβ<sup>+/+</sup> mice are represented.

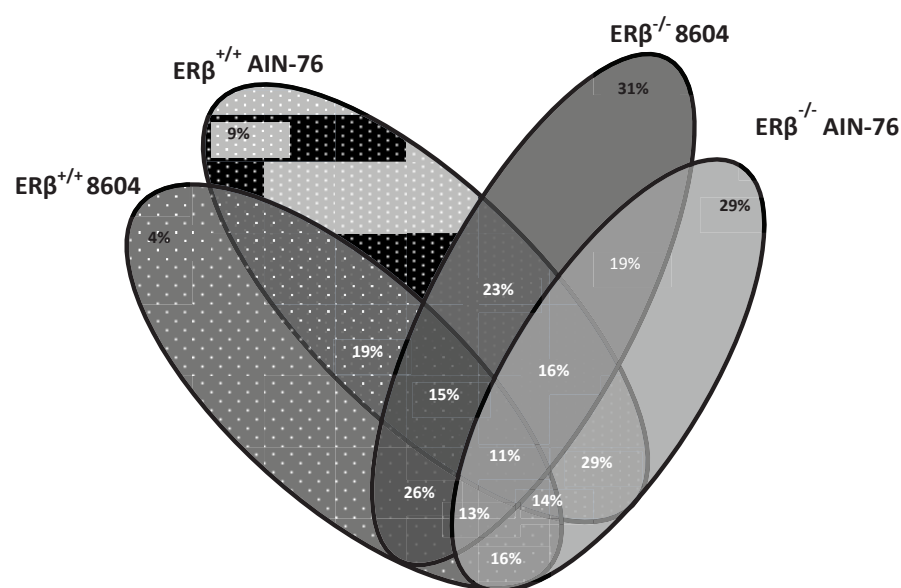


**Fig. 3. Relative abundance (%) of phylum-level taxa.** The proportion of each taxonomic group is described by the measure of its central angle, which is relative to the total abundance of all phylotypes (100%). ▨ Acidobacteria; ■ Bacteroidetes; ▩ Firmicutes; ■ Proteobacteria; □ Unclassified bacteria; □ Other phyla, including taxa from the Actinobacteria, Aquificae, Chlamydiae, Chlorobi, Cyanobacteria, Deferribacteres, Deinococcus-Thermus, Euryarchaeota, Fusobacteria, Gemmatimonadetes, OD1, Planctomycetes, Tenericutes, and Verrucomicrobia.





**Fig. 4. Relative abundance (%) of class-level taxa within the phyla Bacteroidetes, Proteobacteria, and Firmicutes.** The proportion of each taxonomic group is described by the measure of its central angle. Taxa within the phylum Bacteroidetes: Bacteroidia; Flavobacteria; Sphingobacteria. Taxa within the phylum Proteobacteria: α-Proteobacteria; β-Proteobacteria; δ-Proteobacteria; ε-Proteobacteria; γ-Proteobacteria. Taxa within the phylum Firmicutes: Bacilli; Clostridia.



**Fig. 5. Venn diagram** showing similarity and dissimilarity between the taxa identified in this study. Numbers in black indicate unique species percentage in each group.